



Microdermabrasion

☐ Name _____
Address _____ City _____ State _____ Zip _____
Phone # _____ Email Address _____
Birthday _____ How did you hear about us? Friend Google Facebook SpaFinder Other _____

Have you used any Glycolic, Retin-A or Retinol products in the past 72 hours? **No Yes**

Are you using any skin lightening products or topical medications? **No Yes,** _____

Have you or do you plan on spending any time in the sun? **No Yes**

Post Microdermabrasion Instructions for 24-48 hours

- No direct sun
- No exfoliation
- Use a Zinc Oxide based sunscreen to prevent hyperpigmentation from the sun
- Avoid the use of Retinol, Retin-A, Renova, Alpha or Beta Hydroxyl Acid products
- Avoid swimming and tanning beds

Microdermabrasion uses a diamond encrusted wand to remove superficial layers of the skin in the areas treated. The intensity of the procedure can be adjusted to your desired results and comfort level.

Microdermabrasion is often used to treat acne, reduce the appearance of scars, wrinkles, hyperpigmentation and other skin conditions. A series of treatments is recommended for maximal results.

I acknowledge that no guarantee has been given regarding the condition of my skin or the percentage of improvement expected following treatment. I understand that no specific results are guaranteed.

My signature below acknowledgement that I have read and understand the foregoing informed consent and agree to the treatment with its associated risks.

I hereby give consent to perform a microdermabrasion treatment. I agree to hold harmless Organic Skin & Body for any adverse reactions due to omitted information and/or misinformation on the Client Profile and/or from actions which deviate from pre- and post-care procedures.

Client Signature _____ Date _____



Microdermabrasion

How would you describe your skin? Normal Dry Oily Combination Sensitive

What concerns do you have with your skin or what would you like to prevent?

Fine Lines Dehydration Oil Control Rosacea Broken Capillaries Redness Sensitivity
Texture Sun Damage Acne Blackheads Scarring Eye Puffiness Eye Dark Circles Skin Tags

What is your skincare regimen at home?

Cleanse Tone Exfoliate Masque Serum Oils Moisturize Eye Care Lip Care SPF

Do you prefer a gentle or active exfoliant? Gentle Active

Do you prefer a matte, medium or dewy moisturizer? Matte Medium Dewy

Have you received or used any recent Waxing, Chemical Peels, Injectables, Accutane, Retinol or Retin-A?

Do you have any medical conditions or concerns that need to be brought to your Aesthetician's attention?

Please note that some Éminence Organic Skin Care masques and treatments cause a tingling, active, hot, nettle sensation for a short time while the herbs and spices are creating a stimulating effect. This is not an allergic reaction. This sensation will calm down and decrease to normal in 15-30 minutes, depending on the skin type. Your face will be rosy and red during the stimulating process, diminishing into a very healthy glow after about an hour. I understand, have read and completed this questionnaire truthfully. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I understand that withholding information or providing misinformation may result in contraindications and/or irritation to the skin from treatments received. The treatments I receive here are voluntary and I release this institution and/or skin care professional from liability and assume full responsibility thereof.

Client Signature _____ Date _____